

GABRIOLA SENIOR CITIZENS ASSOCIATION (GSCA)

AGM 2025 - Sunday, March 30, 2025

AGENDA

Chair: Kaamran Hafeez

Secretary: Barb Hague

1. CALL TO ORDER - 10:05

Chair: KAAMRAN HAFEEZ

Acknowledges that we share and are meeting on the unceded territory of the Snuneymuxw First Nations.

2. CONFIRMATION OF PROPER NOTICE OF MEETING AND QUORUM PRESENT

Stated by the Chair

1. **Notice of Meeting:** Our Bylaws require two weeks advance notice for the AGM. On March 1, the first Notice was emailed to the list of paid and recent members along with a call for nominations. The second announcement with the agenda and financial report was sent March 16, 2025 and a reminder was sent March 27, 2025. Notices of the meeting were posted at Rollo and published in the Sounder.
2. **Quorum:** Our Bylaws state our quorum is a simple majority of our 8 Board members (thus 5) plus 10 other voting members. There are 21 people in attendance; so, I confirm that there is a quorum present for this meeting.
3. **Voting:** For your information, motions require a simple majority of votes to pass. Only members of the Gabriola Senior Citizens Association in good standing are entitled to vote.

3. ADOPTION OF RULES OF ORDER

Stated by Chair :

- Bylaw 25.a. requires an "adoption of rules of order" for a general meeting of members.
- ***Kaamran suggestED the following motion:***

MOTION: That the rules of order for this meeting are **Robert's Rules of Order Newly Revised, 12th Edition (2020)**

- **Motion moved by Bob Weenk and seconded by Ken Manninen**
- ***When asked no comments were forthcoming***
- ***All were in favour indicated by raising of a hand***
- ***None were opposed***
- ***The motion was passed with a simple majority***

4. ADOPTION OF AGENDA

Chair:

- ***suggested the following motion:***

MOTION: That the agenda as stated in the Notice of Meeting is approved.

- **Catherine Adam-Legg *move this motion and it was seconded by Marilyn Geater***
- ***When asked no comments were forthcoming.***
- ***All were in favour indicated by raising of a hand.***
- ***None were opposed.***
- ***The motion is passed was passed with a simple majority***

5. ADOPTION OF 2024 AGM MINUTES**Chair stated:**

- *The draft minutes from last year's AGM were posted to the website.*
- *Kaamran suggested the following motion:*

MOTION: That the 2024 AGM minutes as posted to the website be adopted.

- *Marilyn Geater moved this motion, seconded by Annette Loren*
- *When asked no comments were forthcoming.*
- *All were in favour indicated by raising of a hand*
- *None were opposed.*
- *The motion was passed with a simple majority.*

6. CONSIDERATION OF THE FINANCIAL STATEMENTS**Chair stated:**

- *The financial statement was provided as an attachment with the March 10th notice of the meeting. The statement was prepared by our treasurer, Cheryl McNeil who gave her report. Upon completing the presentation of her report Cheryl the treasurer proposed the following motion.)*

MOTION: That the 2023/24 financial report be adopted as presented.

- *The Chair asked for a seconder and motion was seconded by Marilyn Geater*
- *When asked no comments were forthcoming*
- *All were in favour as indicated by raising of a hand*
- *None were opposed.*
- *The motion was passed with a simple majority*

7. REPORT OF THE DIRECTORS BY CHAIR KAAMRAN HAFEEZ

- ACKNOWLEDGEMENTS - I would like to acknowledge the following people for their contributions to the Rollo Centre over the past fiscal year:
 - Darla Jamieson and Ken Manninen for their work over the past year helping the board develop a strategic planning framework for our current future GSCA boards.
 - John Peirce for overseeing the installation of our new cistern, and a new well head and well head cover.
 - Wanda Borley for maintaining our website and more recently, putting together a fire plan for the Rollo Centre and adding fire blankets in the kitchen.
 - Barb Hague and Annette Lorek for coordinating The Rollo Centre's Open House in February. Thank you to our activity groups and board members for participating.
 - Waheeda Byron, Judith Madsen and Barbara Hague, members of the Palette People, for maintaining the coffee and tea supplies and laundering the kitchen linens. This was previously a Board responsibility that they have willingly taken on for the benefit of all Rollo member groups.
 - Shaun Woods, our new cleaner.
 - Phoenix Maintenance for snow removal.
- SEXUAL AND GENDER DIVERSITY POLICY:
- "The Rollo Centre welcomes persons of any race, colour, national or ethnic origin, immigration status, sex, sexual orientation, gender identity, gender expression, age, disability and religion, in an environment that harbours respect for all members of a diverse community."
- It is planned to have this posted within the building.
- NAME CHANGE: The Rollo is now officially the "Rollo Centre". Thank you to Colin, from Sure Signs, for updating the building signage . It is hoped that this name change will indicate to the community that Rollo Centre reflects a broader scope for its use.

- ROLLO ROLE AS A COOLING OR WARMING CENTRE - In the event of a declared emergency affecting Gabriola, under agreement with the RDN, Rollo would be turned over to Emergency Social Services for use as a reception centre. Rollo is not a designated warming or cooling centre in the event of extreme weather without a declared emergency.
- No questions or comments were forthcoming.

MOTION: That the 2024/25 directors' report be accepted into the record.

- **Ken Manninen moved this motion and it was seconded by Darla Jamieson**
- **When asked by Chair no comments were forthcoming**
- **All were in favour as indicated by raising a hand**
- **None were opposed**
- **The motion was passed by simple majority**

8. ELECTIONS OF DIRECTORS

We have 2 directors leaving the board this year - myself, Kaamran Hafeez and Wanda Borley. Members are encouraged to join the board. Thanks was given by Darla Jamieson on behalf of the GSCA members to Kaamran and Wanda for their years of service to the GSCA

- it was noted that the GSCA to be in accordance with their bylaws should maintain a board of no less than six members. With Kaamran and Wanda stepping down the board is looking for new directors.

- directors can be appointed at any time

9. NEW BUSINESS

Roof Replacement:

Complete metal roof cost \$34,000 and the Board favours the complete metal roof option because of durability and fire resistance. We've applied for two grants - New Horizons for \$25,000 and Nanaimo Foundation for \$10,000.

-John Peirce responded to query as to the time line for a start date and acknowledged that although we have one estimate given a year ago we are waiting for 3 others to come in. The timing in relation to our application for the Nanaimo Foundation grant affects the start date.

- metal roof was chosen for fire safety, possible water collection and possible installation of solar panels in the future.

- contractors need to establish whether a building permit will be needed which will also affect time line

-Noni Fidler asked if the GIC is cashable so that it is an option for the \$10,000.00 shortfall if the Nanaimo Foundation Grant is denied and Cheryl stated that this would be an option.

- Cheryl acknowledges that we have raised \$160.00 in donations so far

10. GENERAL DISCUSSION

Chair asked: Does anyone have any comments they wish to bring forward at this time?

- Judith Madsen asked whether GSCA has a code of conduct for its members. This will be put on a Board meeting agenda and Palette People have offered to share the one they have created as a starting point.

- Catherine Adam-Legg asked about the direction fundraising may take (passive or active)

- Marilyn Geater lists the following ideas for fund raising and encouraged members to bring forth other ideas.

-Mother's Day Tea, Tailgate Sale, Bingo, late afternoon Coffee Station, advertising by putting houses up in locations around the village

- Constant reminders that donations of \$25 or more receive a tax receipt

11. REPORTS FROM ACTIVITY LEADERS

Chair stated: It was decided at the 2022 AGM that reports from activity groups would no longer be read at the AGM but would be appended to the minutes or the meeting. This was decided to keep the AGM meetings shorter. The reports are prepared by activity group leaders and are informative and you are encouraged to read them when the draft minutes are posted on our website within the next 2 weeks:

- Chess - (Kaamran Hafeez)
- Contract Bridge - (Warren Smart)
- Duplicate Bridge - (Vanda Blok)
- Gabriola Players - (Dave Innes or Shelley Green)
- Gabriola Quilters - (Vicki Dods)
- Garden Club - (Noni Fidler)
- Palette People - (Catherine Adam-Legg)
- Parkinson's Support Group - (John Peirce)
- PHC - (Jennifer Nilsson)
- Spinners and Weavers - (Luanne McCollum)

12. ADJOURNMENT

Chair stated: *Given there is no further business on the agenda, I adjourn the meeting at 10:40 am*

ACTIVITY GROUP REPORTS

Chess Club

The Chess Club at the Rollo continues to thrive. We have a regular turnout of nine or ten players, and our group leader, Kaamran Hafeez, recently took first place in the U1200 section of the BC Open in 2025. Refreshments are served each week, which often includes a generous tin of homemade baked goods from Bob Russell's wife, Cindy, and a good time is had by all.

Gabriola Garden Club

In 2024, the Garden Club had 230 members, many of whom join in for the discounts given to members at local nurseries and at Rona stores. Many others join for the gardens opened by members for member tours in the summer and our monthly newsletter which summarizes the meeting "magazine" style contents and adds news about workshop opportunities and garden related events on and off the island. The discounts, monthly newsletter and private garden tours encourage members to join, even if they have no intention of attending meetings in person.

For the in person monthly program meetings at the Rollo, we limit attendance to 65, controlled by giving each person coming through the door a door prize ticket for the plant of the month from a counted out supply of 65 tickets. We have signs to post on the doors when that limit is reached.

We are discovering what a rich resource island gardeners and farmers are for sharing their skills and knowledge at our three winter monthly meetings where we use on island presenters in case poor weather makes travel difficult. Surprise! These meetings have all been full houses!

For our December meeting, which is often poorly attended, we decided to take advantage of wind driven branch fall and selectively harvested decorative branches and our seasonal bits and pieces to have a

fun swag and wreath making workshop. Everyone took home at least two swags to decorate their doors or gates.

For the past two years we switched out the August private garden tour for a garden party with games, music and wonderful food. Volunteer strength depending, we plan to have another garden party this year.

The GGC executives wishes to thank the Board for allowing us to rent a storage locker for our library cart, av equipment and raffle items. We have not used the kitchen since COVID and do not foresee doing so. But do use the screen in the main room and appreciate the dimmers for our presentations.

Respectfully submitted by Noon Fidler, membership and treasurer.

The Gabriola Palette People

The Gabriola Palette People would like to preface their report (once again) by first giving our thanks, and acknowledging our appreciation of the Board of the Gabriola Senior Citizens Association and the work they do to keep the Rollo Centre functioning.

We continue to meet on Tuesdays and Fridays to paint, and are maintaining membership with regular ads in the Sounder. During this past year we are happy to report that our membership has remained consistently between 30-35 people, with several new members joining us recently.

With prompting from the "People for a Healthy Community" (PHC) we are now using the small room to paint in on Fridays, allowing PHC to host their "Stepping Up, Stepping Out" program. This has meant that our members have had to limit the size of their projects and because of the reduction in space in which to work our members are not staying as long.

We once again hosted a successful "Summer Show" which took place the first weekend in August, as well as our fun "Bizarre Bazaar" at Christmas time.

We are grateful to Judith Madsen for organizing several workshops and thank Cora Klardie who continues to keep the gallery walls at the Port Theatre graced with our art, giving us a presence on the "big" island. We also displayed our work at the Medical Clinic and at the Chiropractor's office.

As a member of the Palette People Darla Jamieson continues our tradition of coordinating with other user groups to keep the walls of the Rollo decorated in order to make it a welcoming and interesting space.

As a group we frequently acknowledge how fortunate we are to have this space in which to share, practice and discuss our craft.

Quilters (Member Group)

The quilters continue to meet on the 2nd, 4th and 5th Wednesday of each month from 9:00 - 4:00. the group included 22 members in 2024

Our quilt display went up to decorate the Roll Centre walls early in March as well in June and July to coincide with our Show and Sale.

Our group purchased a Square Reader to enable us to accept credit and debit card payments at our Show and Sales.

A few members provided fabric art pieces to be displayed at the Port Theatre in Nanaimo for May, June and July.

Several members completed a challenge and created pieces highlighting special hand-dyed fabric that was shared among those participating. The resulting art work was displayed at the GAHC Fibre Art

Show on May 25th and 26th as well as the yearly Quilters Show and Sale, which took place at the Rollo Centre June 29th and 30th. Bookmarks illustrating our work advertised the two events.

A couple of members provided lessons on curved piecing and the group created a quilt including a focus fabric highlighting Koi, which was completed before the 2024 Show and Sale. This quilt will be donated to the fund-raising campaign by the Rollo Centre to help pay for the new roof.

On August 20th, a few members travelled together to Nanaimo to view the works at the Art Gallery highlighting works by Inuit women. The event was titled Baker Lake - Double Vision.

Several members participated in a road trip to Victoria to see the Victoria Quilt Guild Show on Aug. 23rd.

On Aug. 28th, members had the opportunity to play with painting and stamping on fabric at the Rollo quilt meeting.

We discussed contributing blocks toward a Peace Dove quilt to be submitted to the local Peace Dove fund-raising campaign led by Jonathan Hoskins. These will be put together in a quilt in May of 2025.

Members raised \$110 in honour of Marilyn Heraty, which was donated to GALLT in her name.

6 members participated in the Craft Sale at the Rollo Centre on November 30th.

Members worked together to make a quilt for our long-time member, Pat Jordan. We worked with fabrics in her favourite colours. Janet contributed the batting and backing.

Members celebrated the end of the year with a Christmas Pot Luck at a member's home, where we shared amazing food, laughter, and presented the group-made quilt to Pat Jordan for her years leading the Rollo Quilt Group.

Submitted by Vicki Dods
Quilters' Group Activity Leader

PARKINSON'S SUPPORT & EXERCISE GROUP

The Parkinson's Support & exercise Group (PD Group) is one of the ongoing activity groups at the Rollo Centre. We meet on Friday afternoons, 2:45 - 4:15. Our group is usually 8 - 10 people - half are folks with Parkinson's Disease (PD) and half are caregivers. Participation is open to anyone with a diagnosis of Parkinson's and their caregivers.

Parkinson's is a severe, progressive neurological illness that affects about 100,000 people in Canada. The likelihood of being diagnosed with PD increases sharply with age. Symptoms are complex and vary widely between individuals. Exercise is the one activity that has been shown to slow the development of PD.

The PD Group makes time to share experiences confidentially and to discuss useful strategies for dealing with new symptoms. As a group we have developed close and supportive relationships with each other. We are strongly supported by the Parkinson's Society of BC.

For the first three Fridays of the month, we are lucky enough to have Nancy Boyes lead us in exercises to keep those muscles as flexible as possible. Nancy, a personal trainer, makes sure the exercises are especially suited to folks with Parkinson's. To add to the usefulness of the exercises Nancy adds the pleasure of music - there may be a little moaning and groaning as the muscles learn to flex, but there is also lots of laughter as the group shares their growing friendship.

On the last Friday of the month, David Gramit generously takes the group through tai-chi movements. Again he adapts the exercises to meet the group's needs by having them done seated.

If you have had a recent diagnosis of Parkinson's and wondered whether the group would meet some of your needs, please contact John at john.w.peirce@gmail.com

People for a Healthy Community

We have had a very busy year and we are grateful for the space and times that offer our seniors so many benefits.

SUSO (Stepping Up, Stepping Out Adult Day Program) (Monday and Friday)

Our adult program is funded through Island Health and offers a variety of opportunities for older adults on Gabriola to receive services and support. The program is overseen by an Island Health Case Manager and PHC's Seniors Team members. This program supports those elders who may be lonely or isolated, and supports caregivers by offering respite if their loved one is experiencing losses brought on by diagnosis of dementia or other limitations. We are grateful to the Parkinson's Group and the Palette People for arranging their days for us so we could move to Fridays. Our program is now at full capacity with a waiting list - we serve 24 seniors per day at this time.

Seniors Monthly Lunch (4th Thursday of every month)

We have a large complement of seniors that attend our Monthly Lunch, we have approximately 30 seniors that do regularly attend the event and 10 loyal volunteers who show up every month to help the event go off without a hitch. Our September BBQ and our December Holiday lunch usually draw a larger crowd, usually around 50 folks attend those events. Delicious soup and socialization is the goal.

Wellness Wednesdays

This is our newest program, offering a variety of speakers, conversation groups and educational opportunities arranged by our Community Connector Mel Barrows. We've been running for 4 Wednesdays so far and hope to continue into the fall and winter months. For right now we have booked sessions until the middle of June and we've got fairly reasonable participation so far.

Thank you for the continued support for our programs and services, we are truly grateful for the Rollo Seniors Centre.

Jennifer Nilsson
Seniors Manager for PHC