## **GABRIOLA SENIOR CITIZENS ASSOCIATION**

## ANNUAL GENERAL MEETING MINUTES

## **SUNDAY, MARCH 27, 2022**

Chair: Noni Fidler

Secretary: Ken Manninen

In Attendance in person at Rollo: Wanda Borley\*, Barbara Hague, Molly Henney, Pat Jordan, Kathleen Kane, Kim Kristiansen\*, Barbara MacIsaac, Judith Madsen, Ken Manninen\*, Karen McCavour, John Peirce, Franco Scarfone, Maria Scarfone, Bob Weenk.

**In Attendance via Zoom:** Jenn Feenan, Noni Fidler\*, Diane Green, Kaamran Hafeez\*, Anne Harrision, Anne Havard, Howard Houle\*, Valerie Houle, Dale Stohn\*, Richard Strachan, Christine Velsen

\* Directors in attendance = seven (7)Voting members in attendance = eighteen (18)

- 1. **CALL TO ORDER:** Noni Fidler (Vice president) called the meeting to order at 11:04 on Sunday, March 27th.
- 2. **CONFIRMATION OF PROPER NOTICE OF MEETING AND PRESENCE OF QUORUM:** As required by GSCA bylaws notices of the AGM were sent to members in good standing by email on February 27th, March 13th, March 21st and March 26th. A quorum is defined by bylaws as a majority of directors

and at least 10 voting members. This was achieved with the attendance of seven directors and 18 members

- 3. ADOPTION OF RULES OF ORDER: *Motion* (Howard Houle / Kaamran Hafeez) That the rules of order for this meeting are Robert's Rules of Order Newly Revised, 12th Edition (2020). *carried*
- 4. AGENDA: *Motion* (Bob Weenk / Barbara MacIsaac) That the agenda as stated in the Notice of Meeting is approved. *carried*
- 5. APPROVAL OF THE 2021 AGM MINUTES: *Motion* (Molly Henney / Bob Weenk) That the 2021 AGM minutes as posted to the website be adopted. *carried*
- 6. APPROVAL OF JANUARY 16, 2022 EXTRAORDINARY MEETING MINUTES: *Motion* (Karen McCavour / Anne Harrison) That the January 16, 2022 minutes as posted to the website be adopted. *carried*

## 7. CONSIDERATION OF THE FINANCIAL STATEMENTS:

Treasurer Wanda Borley presented the Annual Financial Report for the year ending February 28, 2022. Wanda explained that utility costs were lower this financial period than the previous one because of a government COVID relief program. Wanda agreed to include, in future annual reports, the numbers for previous fiscal years, adding one additional year's numbers each year until five years numbers are listed in subsequent financial reports. *Motion* (Wanda Borley / Richard Strachan) That the 2021/22 financial report be adopted as presented. *carried* 

NOTE: The report is appended to these minutes.

8. **REPORT OF DIRECTORS:** Noni Fidler presented the report of directors. A question was raised if GSCA's insurer had been notified of the upgrades to the deck, enhancing its safety. This will be done. *Motion* (Noni Fidler / Judith Madsen) That the 2021/22 directors' report be accepted into the record. *carried* 

NOTE: The report is appended to these minutes.

- 9. ELECTION OF DIRECTOR: *Motion* (Noni Fidler / Jennifer Feenan) That Richard Strachan be elected as director for a two year term. *carried*
- **10. NEW BUSINESS:** Resolutions for changes to the bylaws as a result of a referral to committee from last year's AGM, GSCA's new status as a registered charity, a proposal for a new class of member and correction of errors uncovered during review. The Resolutions were introduced and addressed by Ken Manninen. As stipulated in the bylaws, approval of special resolutions requires the support of 75% of members voting and this standard was applied for each resolution.

Resolution #1 - Meritorious members

Whereas, it is a requirement that GSCA members must be 50 years of age or older to be eligible to vote or hold office; and

Whereas, changes to wording are desired for consistency of formatting of the bylaws; and Whereas, the current wording of clause 7 is:

From time to time, the Board of Directors may designate members who have provided exceptional service to the Association as Meritorious members. Such persons may:

- take part in the activities sanctioned by the Board of Directors
- vote
- hold office, and
- are not required to pay annual dues, usage fees or any other financial assessment that may be made.; therefore

*Be it resolved,* that clause 7 of the GSCA bylaws be replaced by:

Meritorious members are GSCA members recognized by the Board of Directors as having provided service to the Association above and beyond the call of duty. Such persons:

- may take part in the activities sanctioned by the Board of Directors
- may vote if 50 years of age or older

- may hold office if 50 years of age or older, and
- · are not required to pay annual dues, usage fees or any other financial assessment

## **Adoption of resolution** (Ken Manninen / Bob Weenk) **Motion** (Wanda Borley / John Peirce) to add the word 'exceptional' to the wording - *carried*

### Adoption of the modified resolution as:

Be it resolved, that clause 7 of the GSCA bylaws be replaced by:

Meritorious members are GSCA members recognized by the Board of Directors as having provided **exceptional** service to the Association above and beyond the call of duty. Such persons:

- · may take part in the activities sanctioned by the Board of Directors
- may vote if 50 years of age or older
- may hold office if 50 years of age or older, and
- are not required to pay annual dues, usage fees or any other financial assessment

### *carried* (unanimous)

#### Resolution #2 - Honourary members

*Be it resolved*, that a new class of member be added to the GSCA bylaws to recognize citizens who voluntarily provide a necessary service to the GSCA as:

From time to time, and on an annual basis, the Board of Directors may appoint members of the public who voluntarily provide a necessary service to the Association as Honourary members. Such persons:

- · may take part in activities sanctioned by the Board of Directors
- are not required to pay annual dues or usage fees or any other financial assessment that may be made
- may not vote or hold office

# Adoption of resolution (Ken Manninen / Judith Madsen)Motion (John Peirce / Bob Weenk) to add 'for a term of one year'

to the wording - *carried* 

## Adoption of the modified resolution as:

**Be it resolved**, that a new class of member be added to the GSCA bylaws to recognize citizens who voluntarily provide a necessary service to the GSCA as:

From time to time, and on an annual basis, the Board of Directors may appoint members of the public who voluntarily provide a necessary service to the Association as Honourary members **for a term of one year**. Such persons:

- · may take part in activities sanctioned by the Board of Directors
- are not required to pay annual dues or usage fees or any other financial assessment that may be made
- may not vote or hold office

## carried (unanimous)

Resolution #3 - election of appointees

Whereas, members appointed by the Board of Directors as directors are not considered to have been elected by members; and

Whereas, the current wording of clause 41(2) is:

A director so appointed holds office only until the conclusion of the next Annual General Meeting of the members of the Association, but is eligible for re-election at the meeting.; therefore **Be it resolved**, that clause 41(2) be replaced by:

A director so appointed holds office only until the conclusion of the next Annual General Meeting of the members of the Association, and is eligible for election at that meeting.

# **Adoption of resolution** (Ken Manninen / John Peirce) - *carried* (unanimous)

Resolution #4 - candidate tenure

**Whereas**, there is no requirement for candidates for director to have been GSCA members for any minimum period of time; therefore

*Be it resolved,* that the following requirement be added to clause 49 of the GSCA bylaws as: The Nominations Committee shall:

(a) consider candidates who were members in good standing in the calendar year preceding the upcoming Annual General Meeting;

# **Adoption of resolution** (Ken Manninen / Barb Hague) - *carried* (2 dissenting)

Resolution #5 - Nominating Committee recommendation

**Whereas**, clause 49(c) does not clarify to whom the Nominating Committee makes recommendations; therefore

**Be it resolved**, that clause 49(c) be modified as:

determine and recommend **to the Board of Directors**, at least four (4) weeks in advance of the next Annual General Meeting of members of the Association, potential directors to be nominated for election at that meeting.

# **Adoption of resolution** (Ken Manninen / Wanda Borley) - *carried* (unanimous)

Resolution #6 - candidate nominations

Whereas, the GSCA bylaws require the signatures of 5 members to nominate a candidate for director; and

Whereas, the same requirement for candidates to have been members of GSCA for a minimum period of time as specified by the Nominations Committee must apply; and Whereas, the current wording of clause 50 is:

Further nominations from the members of the Association who are entitled to vote will be accepted by any member of the Nominations Committee up to three (3) weeks before the scheduled commencement of the next Annual General Meeting of members of the Association.

Such nominations must be in writing and must be signed by the nominee and at least five (5) other members of the Association who are entitled to vote; therefore

Be it resolved, that clause 50 be replaced by:

Further nominations from the members of the Association who are entitled to vote will be accepted by any member of the Nominations Committee up to three (3) weeks before the scheduled commencement of the next Annual General Meeting of the Association. Such nominations must be in writing and must be signed by the nominee and at least three (3) other members of the Association, all of whom are entitled to vote. Nominees must have been GSCA members in good standing in the calendar year preceding the upcoming Annual General meeting.

## Adoption of resolution (Ken Manninen / Molly Henney) - carried (unanimous)

Resolution #7 - bylaw addition required as a registered charity

Whereas, registered charities in Canada are required by the Canada Revenue Agency to have certain clauses in their bylaws; therefore

Be it resolved, that a new Part 13 be added and that the following new clause be added in this Part as:

Part 13 - Restriction of Powers

The activities of the Gabriola Senior Citizens Association shall be carried on without purpose of gain for its members and any income, profits or other accretions to the Society shall be used in promoting the purposes of the Society.

## Adoption of resolution (Ken Manninen / Barbara MacIsaac) *carried* (unanimous)

Resolution #8 - modification of dissolution clause

Whereas, registered charities in Canada are required by the Income Tax Act of Canada to have specific wording in their dissolution clauses; and

Whereas, the current wording of clause 86 is:

Distribution of Assets. In the event of the Association being wound up or dissolved, all assets remaining after payment of all debts and liabilities, shall be paid, transferred and delivered to a recognized charitable organization in the Province of British Columbia or elsewhere in Canada as directed by the members. This provision was previously unalterable; therefore

Be it resolved, that clause 86 be moved to Part 13 and replaced by:

In the event the Gabriola Senior Citizens Association is wound up or dissolved, all assets remaining after satisfaction of its debts and liabilities shall be transferred to a gualified donee as described in subsection 149.1 of the Income Tax Act of Canada, and chosen by the members at that time.

## Adoption of resolution (Ken Manninen / John Peirce) - carried (unanimous)

Resolution #9 - bylaw housekeeping (societies act of BC, renumbering) Whereas, the GSCA bylaws incorrectly refer to the *Societies Act* of British Columbia as the Society Act of British Columbia; and

Whereas, renumbering of clauses is needed to correct missed numbers and changes in numbering resulting from additions, deletions and relocation of clauses; therefore **Be it resolved, that the GSCA bylaws be modified to correct these deficiencies.** 

**Adoption of resolution** (Ken Manninen / Bob Weenk) - *carried* (unanimous)

**11. GROUP REPORTS:** As the meeting had already run for 1.5 hours, group reports were appended to the minutes without being read at the meeting.

NOTE: The reports are appended to these minutes.

12. ADJOURNMENT: Noni Fidler adjourned the meeting at 12:32

## SEE ATTACHMENTS BELOW.....

## Statement of Financial Position As at February 28, 2022

	(\$)
Current Assets: Cash & Equivalents Accounts Receivable Total Current Assets	ASSETS 30,982.29 420.00 31,402.29
Fixed Assets Land Building Equipment Total Fixed Assets	180,000.00 30,000.00 22,224.72 232,224.72
Total Assets	263,627.01
<b>6</b>	LIABILITIES & EQUITY
Current Liabilities Accounts Payable Total Liabilities	<u>    13.10</u> 13.10
Equity Assets Retained Earnings Net Income Total Equity	232,224.72 30,569.35 <u>819.84</u> 263,613.91
Total Liabilities & Equity	263,627.01

## **Statement of Income and Expenditures** For the Year Ended February 28, 2022 (with comparative figures for 2021)

	2021-22 (\$)	2020-21 (\$)
Income		
Activity Income	1,912.30	1,375.45
Memberships	2,610.00	1,705.00
General Rentals	11,589.00	6,452.94
Donations	358.80	422.00
Interest	7.69	15.31
Total Income	16,477.79	9,970.70
Expenditures Office & Administration	1,013.59	643.40
Education / Training	147.00	
Janitorial Services	2,661.27	1,258.45
D&O Insurance	748.00	693.00
Property Insurance	2,898.00	2,071.00
Furniture & Fixtures	493.85	
Building & Yard Operations	6,260.58	3,727.96
Utilities	1,435.66	2,317.44
Total Expenditures	15,657.95	10,711.25
et Income over Expenditures	819.84	(740.55)

## Notes to Financial Statements Year Ended February 28, 2022

#### 1. Summary of Significant Accounting Policies

The Association follows accounting principles generally accepted in Canada in the preparation of its financial statements. The significant accounting policies used are:

- Revenue recognition: Membership dues are recognized in the fiscal period to which they apply.
- Contributed services: Due to the difficulty of determining fair value, contributed services are not recognized in the financial statements.

#### 2. Cash and cash equivalents

Included in the Association's Cash and Cash Equivalents are:		
A chequing account, with zero interest rate	\$15,858.68	
A high-interest savings account, with an interest rate of .05%	15,118.61	
CCCU Member Equity Shares	<u>5.00</u>	

<u>\$30,982.29</u>

#### 3. Fixed Assets

The original land, building and equipment were donated to the Association by the Rollo family. Additions and improvements completed since then have been capitalized and then written off in the year of acquisition.

#### 5. Bequests

GSCA has not received any significant bequests in the reporting fiscal year.

#### 6. Activities

Due to COVID, the Rollo Centre was closed for part of 2020 resulting in the usage dropping significantly. In 2021, with a slight easing of restrictions a few groups resumed their normal activity days mid-way through the year. The total number of people engaged in the activities that were active for this fiscal year was 936. Income for this fiscal reporting year for activities was:

Palette People	\$1,095.75
Parkinson's Group	287.00
Quilters	280.00
Spinners & Weavers	<u>249.55</u>
	<u>\$1,912.30</u>

Also, due to COVID, we saw a reduction in ongoing rentals. There are no numbers available as to how many people attended any rental events.

#### 8. Capital Expenditures

Small capital expenditures in the fiscal year were two chair dollies and an air purifier for the large room.

#### 9. Donations

A few members donated to the Association over the fiscal period. We thank them for their support. There have been no receipt-able donations in the reporting period and since becoming a registered charity. Tax receipts will be issued for amounts \$30 and over.

#### 10. Membership

GSCA membership currently stands at 102 paid memberships. For 2021-22 memberships were approximately 97 and 2019-20 saw approximately 163 paid up memberships. You will note that the numbers have dropped, albeit slightly and COVID played a large part in that.

#### 11. Grants

The RDN Grant of \$2100 to be used for the upgrading/improvement of the deck was used in its entirety in 2021. The deck was upgraded with new steps, relocated to the south side of the deck, the plexi-glass railing was removed and replaced with all wood, some surface refurbishing and paint.

### REPORT OF DIRECTORS

- We have been working to update the GSCA website and it is a work in progress. We wish to acknowledge the ongoing support of Hilary Plowright who, while not a current member, volunteers her time to maintain our website. Of note this year, registration for membership may be completed via the website.
- COVID dominated our lives again this year and resulted in many activity groups choosing not to resume their sessions this year. It was a challenge keeping up with the changing Public Health Orders and notifying members what the latest protocols were. Fortunately, the mask mandate has now been lifted and this is likely to be followed by the lifting of the need for a vaccine passport. We have purchased HEPA filtering air purifiers for both rooms as an extra precaution so please be sure to activate them while attending Rollo and to set them to run for an additional 2 hours when your activity session ends. With the impending end of COVID restrictions we hope to welcome many of the activity groups back in the coming weeks.
- This year we said goodbye to the Empress Tree whose roots were threatening the building foundation and the septic system. It was a sad moment for some and a number came by to say their farewell before it was taken down. We continue to be on the lookout for new shoots attempting to re-establish themselves.
- PHC's Stepping Up Stepping Out program helped us out financially by paying a weekly holding fee for their regularly scheduled weekly time slots. This went a long way to keeping us out of the red as we had been the previous year.
- The outside deck was completed this summer thanks to the able leadership of our maintenance coordinator, Kim Kristiansen who led the renovation with the assistance of our president Gary Mills, secretary Ken Manninen and member and past president, Bob Weenk. As lumber prices had increased significantly since the awarding of the grant that we had to swallow the cost over-run but saved the cost of hiring a contractor by providing the labour from within.
- The Nesters Reward Program financed a tidying up of the Memory Garden. Unfortunately, the Rewards Program has ended so Rollo will no longer benefit from the program.
- Karen McCavour stepped down as our janitor and Joel Puff was hired and is doing a great job.
- We registered our well with the Ministry of Environment giving Rollo First in Time, First in Right to the water our well draws from. We will now be charged an annual fee of \$50
- Perhaps the biggest change to GSCA this year was our attainment of registered charitable status with the Canada Revenue Agency. We are still working to line up our ducks to address the new expectations of becoming a registered charity. We are now in a position to issue charitable receipts for donations \$30 and above.
- With the terms of 2 of our directors completing this year and with Richard Strachan letting his name stand for election this year, our Board will be a leaner 8 members this year. Our bylaws require us to have a minimum of 6 and maximum of 10 directors. We had hoped to get to 10 directors but soon realized as our numbers have dropped to just over 100 members from about 170 before the pandemic that perhaps our expectations were unrealistic. But this is a new year with the prospect of a return of the activity groups and with that, hopefully, an increase in membership. If you value attending activity sessions at Rollo and have never served on the Board, please consider stepping up and serving a 2-year term as director.

## Candidate for Director

#### **Richard Strachan**

Born in Sri Lanka 1940 to British parents. School in India and UK, then university at McGill & UBC. Worked in Africa, England & Malaysia before returning to Vancouver in 1982. Owned various businesses including a furniture factory and, later, computer retail which was morphed into software sales and support. Bought our house on Gabriola in 1995 and retired here about 2010. Travelled quite extensively with Wendy, my wife of over 60 years. Volunteered in various organizations, including stints as president of the North Vancouver Arts Council and Jericho Arts Centre. Treasurer for three years with the Gabriola Community Hall. Activity Reports for 2022 AGM

### Activity Group Reports

#### Chess (member group)

The Rollo's Chess Club has been inactive for the past 2 years, however most chess club regulars have been playing chess online. We look forward to resuming chess at the Rollo at a yet to be determined future date.

Submitted by Kaamran Hafeez

#### Contract Bridge (member group)

We have been meeting online for the past 18months or so. Approximately 35% of our group has participated, and we acquired a new player along the way: a newcomer to our island. We all hope to meet her this year at f2f games. Some of the others are chaffing at the bit to join in f2f games once they are a thing.

I will check the entire group in April to see how they feel about returning to Rollo. We have some members with significant health challenges and for them, I expect a hybrid model may be best.

Submitted by Vanda Blok (March 5th)

**Cribbage** (member group) The group did not meet this year.

**Discussion Group** (member group) The group did not meet this year.

#### Duplicate Bridge (member group)

The club normally holds session on Monday night but because of COVID has not met over the past 12 months. Some members started playing bridge on the Bridge Base Online web page over the past while. They have been playing on Thursdays and get about 2 to 3 tables. The mainstay to this occurring is Wanda Blok (thank you Wanda) who dutifully emails people each week, sets up the (electronic) tables.

The other bit of news relates to whether the Duplicate Bridge will keep its status as a sanctioned club under American Contract Bridge League (ACBL). We will be deciding that shortly, but plans are to continue Monday Duplicate Bridge at Rollo once members agree to in-person meeting again. We are also looking to have a member take on managing the financial end and weekly meetings of the club. Will advise when these decisions have been made.

Submitted by Kees Langereis, Club Manager

#### Gabriola Players (on-going renter group)

Like many organizations, 2021 was a challenging year because of the pandemic. All of our in-person activities were suspended so we made very limited use of the Rollo Centre. Thankfully, because of Zoom and Youtube, we were able to mount three online shows over the course of the year. These shows were well received by the local community and we actually had viewers from around the world. As a bonus, all of these shows featured plays written by Gabriolans.

We hope to return to live performances in the late spring 2022 with our One Act Play festival with rehearsals starting in April.

Submitted by Dave Innell President, Gabriola Players

#### Gabriola Quilters (member group)

1. Our usual Quilter's sessions held on the 2nd, 4th and 5th Wednesdays of each month, were slow to get started in 2021 due to the Covid19 restrictions. By June a few members started attending. One member cleaned out her sewing room, we all had fun purchasing her discarded materials and notions, and she contributed the funds to the PHC.

2. A "Block Exchange" programme was initiated by two members and eight members participated and made a block a month for one of the participants. By the end of eight months each person had enough new blocks for a small quilt.

3. It was our turn to exhibit our quilts at the Rollo. The hanging of the display was on August 11th until September29th and received many compliments. No Sale was possible this year.

4. In 2022 our Show display will take place from June 8th until July 13th and the Sale will be in conjunction with the Cultivate Festival, on Saturday, July 2nd and Sunday, July 3rd at the Rollo.

5. In November a "Group Quilt for a Special Person", who is a member of our group, was made.

6. In December we had a Christmas luncheon at the Surf with 15 members attending. The "Special Person" was delighted to receive a beautiful throw size quilt at this time

Submitted by Pat Jordan. Quilter's Activity Group Leader.

#### Garden Club (on-gong renter group)

Gabriola Garden Club did not meet in person during 2021 due to the pandemic restrictions. Virtual meetings were not considered an option, as our membership exceeds 120 members.

Instead, we offered monthly newsletters, January through May, September through December. The newsletters offered gardening information with a program similar to our regular meetings. Rather than a guest "speaker", we had links to online resources including YouTube videos on special topics of interest.

May through August the Garden Club offered our Open Gardens program. On the last Sunday of each month, three members opened their gardens for club members to tour. Being an outside event, it was a lovely option for a bit of socializing during the pandemic.

Submitted by Connie Clifford, President, Gabriola Garden Club

#### Gather 'n Stitch (member group)

Gather 'n Stitchers did not meet at the Rollo for 2021 but kept in touch through email. A small number of us elected to meet in group members' backyards once the weather warmed in early summer until we were chasing the sun to keep warm over our two hours of gathering by early fall.

Once the cooler weather arrived in the fall, I surveyed our big email group and only one person replied that they were comfortable coming indoors and wearing a mask for two hours while visiting over our fibre art making so we left it while waiting for the pandemic restrictions to ease.

We fully intend to come back to gathering at the Rollo once mask mandates ease and we can comfortably chat over our fibre work.

Submitted by, the loose thread that holds this activity group together..... Noni Fidler

#### Mah Jong (member group)

Due to the pandemic restrictions, the Mahjong group has not met from March 2020 onwards.

Submitted by Sherrill Dobb-Tisdall

#### Palette People (member group)

The Gabriola Palette People would like to preface their report by first giving our thanks, and acknowledging our appreciation to the board of the Gabriola Senior Citizens Association and the work they have done to keep the Rollo centre functioning during the pandemic and leading it into new territories during this time. (i.e. Charitable status).

During this past year we are happy to report that our membership has remained consistently between 30-35

people. We have continued to meet on Tuesdays and Fridays to paint although our attendance on these days has been down due to the pandemic.

We hosted a successful Summer Show which took place as usual in mid-July and a fun "Bizarre Bazaar" at Christmas time with full COVID protocols in place for both events.

The Palette People continue to initiate and coordinate with other user groups to keep the walls of the building decorated in order to make it a welcoming and interesting space in which seniors can meet.

As a group we frequently acknowledge how fortunate we are to have this space in which to share, practice and discuss our craft.

Submitted by Barbara Hague

#### Parkinson's Support Group (member group)

The Parkinson's (PD) Support Group on Gabriola started in 2020 with about 10 persons with PD participating, as well as several care partners. Our group is part of a network of PD Support Groups across the Province that operate under the auspices of the Parkinson's Society of BC.

We have one meeting a month to share our successes and challenges and information regarding our PD experience. We started on Zoom, but during last summer the Rollo Centre became available to use and they welcomed us as one of their Activity Groups. All the members of our group joined the GSCA if they were not already members.

Exercise is a critical part of one's life with PD. We have set up Exercise Sessions with Nancy Boyse that are specifically designed for the range of abilities in our group. We had to suspend these in-person meetings during this past winter, but we are now glad to be meeting in-person again at the Rollo 3-4 x per month. Our schedule is:  $3^{rd}$  Fridays 1:30 – 3:30 – Discussion Group and sometimes a speaker  $1^{st}$ ,  $4^{th}$  and  $5^{th}$  Fridays 1:30 – 3:30 – Exercise Session with Nancy Boyse

New members are welcome to join at any time. Please contact John for further information about expectations of members of the group.

Submitted by John Peirce

PHC (on-going renter group)

People for a Healthy Community, Seniors Programs:

SUSO Program (Stepping Up Stepping Out Adult Day Program) After a long closure due to the pandemic, we were able to restart the program in the Fall of 2021, running on Mondays and Saturdays from September 25th to December 18th. By maintaining small participant numbers (maximum 12) and continuing to observe all health protocols (distancing, masking, proof of vax), participants felt "safe" and were very happy to return to weekly program activities.

As we move into 2022, we hope to return to pre-pandemic numbers in the program - the maximum capacity for the Day Program being 24 participants on each program day. As you can imagine, there are many seniors we lost from the program over the past two years (moved, transitioned to long term care, passed away) and we will be actively recruiting new participants for the program in the months to come. The Day Program provides a much needed service to vulnerable and isolated seniors in our community, giving them an opportunity to engage in activities that promote their physical, mental, social and spiritual well-being.

The Seniors Monthly Lunch restarted from September to December of 2021, with a pause during the Omicron wave, and this will restart on the regular "4th Thursday of the month" schedule starting on March 24th.

#### The New Age of Aging

While in-person programming has been on hold during the length of the pandemic, a virtual ZOOM series was offered once per month from Jan - June of 2021. PHC will keep the Rollo Board updated regarding the evolution of this program as we return to a regular program schedule.

Our sincere thanks to the Rollo Centre Board for their program support, and ability to transition with us through the ups and downs over the past two years!

Submitted by Suzette Delmage, Seniors Program Coordinator. People for a Healthy Community

#### Photography (member group)

The Photography Club has continued to meet on the 1st and 3rd Wednesdays of each month at 10:00 am throughout these long Covid months but, sadly, only via the medium of Zoom! We are hoping to return to in-person meetings in Rollo in the future, possibly after our July-August summer break this year, if conditions warrant it. One good feature of having on-line meetings is that we have been able to have speakers present to us from throughout North America and the UK! That has been both instructive and inspirational! However, there is no substitution for the camaraderie of group meetings in

person at Rollo and we look forward to that again - at some point - and to revising our wall exhibitions and Spring and Fall Sunday shows!

Submitted by Diane Green

#### Spinners & Weavers (member group)

We started the year going for walks in the forest and on the beaches with an eye out for any creative or inspiring ideas during lock down. In May we entered a sheep to shawl challenge with the Victoria guild supplying the fleeces. We used mushrooms from the 707 for the dyes for dyeing the fleece, we then carded and spun the fibre, and Alyssa (our youngest member) wove the shawl. We attended the Fall Fair at the Commons where we sold raffle tickets for the shawl. We then worked hard to prepare for our Christmas Sale at the Rollo Centre in November. The sale was well attended and very successful and we raffled off the shawl at the end of that day. We wrapped up the year with our Christmas brunch, so all in all a good year.

Submitted by Luanne McCollum President Gabriola Spinners & Weavers Guild

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